



Free State Provincial Road and Time Trail Championships 25 – 26 February 2017

The 2017 Free State Provincial Road Championships will take place on the N8/Petrusburg Road on Saturday 25 February 2017 and the Provincial Time Trail Championships will take place at the Arcadia Café on the Abrahamskraal Road on Sunday the 26th of February 2017. The starting times will be stated on the entry forms.

NOTE

These Championships are held under the rules of Free State Cycling & Cycling South Africa.

The Championships is open to all cyclists that reside within the **Free State**, who have applied for and were issued with a Cycling SA Membership / Racing License card for 2017.

NO FULL ROAD CLOSURE – BUT THE ROADS WILL BE COVERED BY MARSHALLS AND ROAMING OFFICIALS AT ALL TIMES

The various racing categories and distances, are as follows:

Road Distances:

Time Trail:

Boys U/10	12 km		Boys U/10	6 km
Boys U/12	18.9 km		Boys U/12	10 km
Girls U/12	18.9 km		Girls U/12	10 km
Boys U/14	43.5 km		Boys U/14	15 km
Girls U/14	43.6 km		Girls U/14	15 km
Boys U/16	71.4 km		Boys U/16	20 km
Girls U/16	43.6 km		Girls U/16	15 km
Junior Men	127.6 km		Junior Men	30 km
Junior Girls	71.4 km		Junior Girls	20 km
U/23 Men	127.6 km		U/23 Men	30 km
Elite Men	127.6 km		Elite Men	30 km
Elite Woman	71.4 km		Elite Woman	20 km
30-34 Men	127.6 km		30-34 Men	30 km
30-34 Woman	71.4 km		30-34 Woman	20 km
35-39 Men	127.6 km		35-39 Men	30 km
35-39 Woman	71.4 km		35-39 Woman	20 km
40-44 Men	127.6 km		40-44 Men	30 km

40-44 Woman	71.4 km		40-44 Woman	20 km
45-49 Men	127.6 km		45-49 Men	30 km
45-49 Woman	71.4 km		45-49 Woman	20 km
50-54 Men	71.4 km		50-54 Men	20 km
50-54 Woman	71.4 km		50-54 Woman	20 km
55-59 Men	71.4 km		55-59 Men	20 km
55-59 Woman	71.4 km		55-59 Woman	20 km
60-64 Men	71.4 km		60-64 Men	20 km
60+ Woman	43.6 km		60+ Woman	15 km
65+ Men	43.6 km		65+ Men	15 km
Para	18.9 - 71.4 km		Para	15 - 20 km