

P.O. Box 12172
Brandwag
9324



Tel: 051-0110536
081-4297089
081-4840694
Fax: 051-4303264
086-2282062

www.athleticsfs.co.za

E-mail: admin@athleticsfs.co.za

09 January 2017

TO: ATHLETICS FREE STATE CLUBS & SCHOOLS



TECHNICAL RULES AND REGULATIONS: FREE STATE SENIOR, U20, U18 TRACK AND FIELD OPEN CHAMPIONSHIPS: 10-11 MARCH 2017

We gladly give the following information to you about the above-mentioned meeting:

1. The meeting will take place on FRIDAY 10 MARCH 2017 AND SATURDAY 11 MARCH 2017 at the MANGAUNG ATHLETICS STATE STADIUM, see attached program.
2. General information.
 - 2.1 ENTRY FEE is **R30-00** per athlete, per day. This is not payable beforehand, but AT THE GATES ON THE DAY OF THE MEETING.
 - 2.2 Athletes must wear 2017 licence numbers. No temporary licence will be available (ASA Rule 23.8).
 - 2.3 Athletes **MUST** participate in the Free State Championship to be considered for a FS Team to the ASA SA Senior Championship and Combined events on 20 -22 April 2017 in Potchefstroom and/or the U20 & U18 SA Championships on 07 - 08 April 2017 in Cape Town.
 - 2.4 Athletes included in the Free State Teams to the various National Championships must be affiliated with Athletics Free State and be in position of a valid 2017 permanent license.
 - 2.5 The championship is an open championship.
 - 2.6 During the competition the results will be available on the Joba Results web-site, www.jobaresults.co.za and the full set of results will also be available on the AFS web-site after the championship.
3. Entrance fee for spectators: **R30.00 per day**
4. Entries close **WEDNESDAY 01 MARCH 2017 AT 11:00, and must be on the attached form LATE ENTRIES WILL NOT BE TAKEN INTO CONSIDERATION. No entries will be done during the championship**
E-mail entry forms to admin@athleticsfs.co.za. **No hand written entries will be considered.**
5. The age groups as on 31 December 2017 for men / boys and women / girls for the meeting are as follow:

Seniors:-	born 1997 and before
U/20 (18; 19 Years):-	born in 1998-1999
U/18 (16; 17 Years)	born in 2000-2001

Board Members: President: Mr. Jantjie THELETSANE, Vice President: Mr Steven SWARTS, Track and Field Chairperson: Mr. Kobus STEYN, Cross Country Chairperson: Mr. J.P. BOTHA, Road Running Chairperson: Me. Hilde DU PLESSIS, Additional Members: Me Elinda VORSTER, Me. Jurina IMMELMAN, Mr Danie CRONJE.

6. Complete the entry form as follows:
See attached rules on "How to complete entry form for AFS Champ 2017"
7. Athletes who want to be considered for the different Free State teams to the different National Championships must participate in the Free State Championship with the specific Technical Standards and equal or better the AFS set criteria, see attached selection criteria.
8. Every club and school is responsible for own travel, accommodation and meal arrangements.
9. Athletes can make use of their own implements and is not obliged to let other athletes use their implements (ASA Rule 27.2). Implements of athletes' who equal or better Free State records must be assessed.
10. The first three athletes in each final event will receive medals.
11. Athletes must participate in official club or school attire.
12. Combined events: Athletes who want to be considered for the Free State Team in Combined Events can compete in the different events; although not in the same order as described in the IAAF Rules, statistics can be obtained for selection purposes. Athletes must inform AFS if they want to be considered for Combined Events.
13. Persons who can assist us with officiating in the competition must please send their names to the AFS office.
14. The championship will take place according to the IAAF and ASA Rules.

Thank you for your friendly support.

Athletics Greetings

Kobus STEYN
CHAIRPERSON TRACK AND FIELD COMMISSION
073-0635397